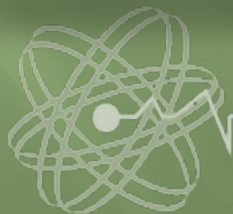




## Shamanic Medicine Healing



Energy Wellness Partners

# Shamanic Healing Is Useful If You...

- ✓ Feel incomplete and know there is something missing in your life
- ✓ Carry energies which you know are not yours
- ✓ Want to free yourself from a past relationship but finding it very hard to let go
- ✓ Have recurring anxiety, depression, fear and stress which you cannot get rid of no matter how much you have worked on yourself
- ✓ Had traumatic experience which is still affecting you
- ✓ Want to know the root cause of your disease and eradicate it from there
- ✓ Feel stuck and want to move on with your life

# What is Shamanic Healing?

Shamanism is the path of oneness, connectedness, sacredness, wholeness, awareness, respect, honor and gratitude. It is an ancient healing modality and is very effective in dealing with stress, trauma, sexual wounding, diseases, negative emotions, limiting beliefs and other issues by going to the core wound and eradicating the root cause which could originate from childhood, past lives or past down through genes. Shamans are in tuned with Nature, animals, plants and spirits, so they use all the natural elements to bring us back in alignment, balance and harmony.

The human being is composed of body, mind, soul and spirit. Before disease and illness show up at the physical and emotional level, these conditions manifest themselves at the energetic level. When healing is done on a spiritual level, it impacts the mental, emotional and physical bodies as well. Shamanic healing is incredibly powerful as it goes to the root of an issue and eradicate it from there.

# Benefits of Shamanic Healing

- Clears limiting beliefs and negative emotions
- Personal empowerment
- Creation of new behavior patterns
- Releases you from reoccurring patterns in relationships
- Enhances self esteem, self worth and self confidence
- Encourages you to assume your responsibilities
- Increases personal awareness, understanding and a sense of integrity, as well as an expanded inner spiritual awareness
- Connects us with our Higher Self, Source, spiritual guides, ancestors and teachers
- Reintegrates soul parts that left during a traumatic experience.



# What Happens In A Shamanic Session

Shamanic healing is deep, profound and very empowering. You can have your issue resolved in one session itself.

In a Shamanic Healing we will have initial conversation about your intention and feelings around the healing. Having a clear intention is highly conducive to get the most out of the shamanic healing. It would be advisable to spend some time thinking about your intention and to become clear on what you are coming for.

Our session is a potent time of deep prayer and intention. The initial session will last 1.25 hours and follow ups are 1 hour. The time is spent fully clothed either on the floor or in a reclined chair. They will either be live or virtual. I will use tools like smudge, rattle, healing stones, drum, feather, candle light, and gentle touch.

First we will open sacred space by smudging and calling the directions. We will then connect to our luminous body and set our intention. Then I will Journey with the drum, upon return I will perform one, any, or all three of the following: Either I will activate your hara, heart, brain, and crown; or I will do an energy tune up including extract stuck energy; or I will retrieve energies of animal guides, elements, or soul pieces that have become disconnected and return them to you. Finally, we will discuss and then close sacred space.

# Shamanic Healing Processes Include:

Illumination

Chakra Cleansing

Removal of Entities  
and Psychic Dagger

Cutting of Ties

Soul Retrieval

Ancestral Healing

Journeying

Death & Rebirth

# Illumination

Illumination is a very effective process to get rid of limiting beliefs. By holding your occiput, it is possible to access that part of the brain where all memories are stored. The Illumination is the basic healing process for clearing imprints from the luminous body. It is the foundation of all healing sessions. The luminous body contains imprints that can affect the chakras with heavy, dark energy. Over time these imprints can cause disease in the mental, emotional, and physical bodies. Symptoms that indicate an Illumination may be needed include:

- Wanting to move forward in your life but not knowing how
- Persistent sadness, depression, fear, or anxiety
- Disease or pain
- Lifestyle habits that you wish to change
- Low energy
- Feeling imbalanced (e.g., ungrounded or weighed down)

During the Illumination process, we work to remove heavy energy from the chakra and then overwrite the imprint with light. When the imprint is erased in this way, you are no longer informed by the past.

# Removal of Entities and Psychic Daggers

When a person experiences a soul loss, an opening is created in their luminous body. Other energies may enter that opening and compete for the individual's vital life-force. In an extraction session, intrusive energies are removed. In a cleansing, energies are cleared from the body to enable the free flow of vital life-force energy.

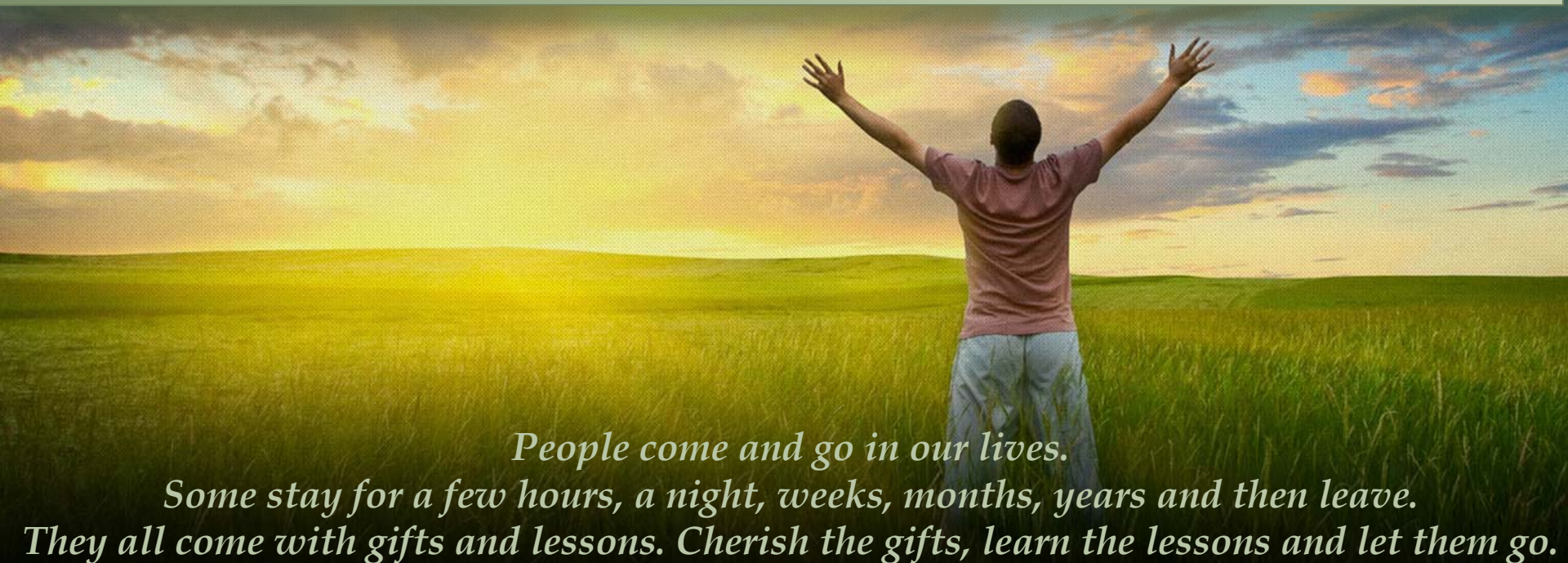


**GAIN THE**  
ability to heal  
*yourself...*



# Cutting of Ties

Cutting of ties or cord cutting is important if we are to free ourselves from attachment. We might be still attached to our parents, ex partners, friends and we cant free ourselves from them. We become entangled in the relationships and this drains our energy. It is vital that we cut cords and step back in our power. We retain the gifts or lessons that this relationship has brought us and we cut the ties with love. When we cut the cords, we are not rejecting or abandoning that person. We are simply detaching the negative, fear based co-dependency to that person.



*People come and go in our lives.*

*Some stay for a few hours, a night, weeks, months, years and then leave.*

*They all come with gifts and lessons. Cherish the gifts, learn the lessons and let them go.*

# What Are We Carrying On Behalf of Others?

This is a powerful process to release everything that we have been carrying on behalf of others. Very often we want to 'rescue' others and we take on their illness or problems. Everybody is responsible for their own issues and by carrying their burdens, we are not helping them. We are just making our lives more complicated.

This is a simple but powerful process in which you choose to let go of anything that is not serving you anymore. I work with stones in this healing process and the results are very often instantaneous. As clients put down the burdens they have been carrying, they feel free, lighter, positive and more in their power.

# Soul Retrieval

Soul loss occurs when we lose a part of this vital essence. This can take place when we suffer a trauma, have an accident, experience strong emotional exchanges with a loved one, separation from a partner, death of a loved one, or go through a pervasive period of difficult circumstances. When we undergo a severe trauma typically a part of our vital nature goes away, so that we can survive what ever is happening to us. It is a way for the body and consciousness to survive severe trauma. Problems develop when the soul part or fragment does not return. It may not want to come back, or may not be able to return due to the nature of the trauma. Soul retrieval is a powerful life changing work, it has the power to find the truth about yourself and make you feel whole again.



# Ancestral Healing



Through ancestral healing you can resolve the past, heal the present, and create freedom for the future of your family lines. All of our unresolved history of violence, injustice, and suffering are held in our ancestral lines. They impact our daily life. The unresolved energy of our ancestors affects our physical and mental health, limiting our ability to grow and heal. They are passed down through our genes which we inherit.

We unconsciously repeat the patterns of our ancestors. By healing the ancestral lines with intention we free our own health and well-being from the repetition of the past. Once our true freedom of choice is restored we can better reconnect with our soul's unique purpose.

Ancestors healing is powerful as it helps us heal any unfinished business in the family lineage, so they don't get carried over to the next generations. The spirits of our ancestors do visit us at certain times in the year and they want to be acknowledged, understood and forgiven.



# Journeying

This ancient art of shifting our consciousness and entering the unseen realm of dreams and visions that hold the keys health and knowledge. We will explore the meaning and healing aspects of your power animal spirit. This travel is deep into the wisdom of mother earth and everything she has to offer. Come find out what our ancestors have known for centuries and discover the guides and healing of the worlds within you, awaiting to be found.

# Death and Rebirth

In the Death rite process, a review of this life's journey is conducted and anything that needs to be resolved or released before death - 'unfinished business'. This heavy energy can then be released.

If you are suffering from problems of letting go or feel your deceased are struggling to make it home, assisting and letting go of the dead is a deeply effective healing process for the departed and yourself.



# Shamanic Guidance

During our time together we will cover many, if not all, of these areas:

- Opening and initiating your ability to see invisible energy and spirits
- Chakra unlock and combustion
- Stuck energy removal
- Bands of protection for your energy field and overall wellness
- Connecting to the healer with in
- Growing a new body
- Sacral healing
- Upper world travel to meet your guides (angels, saints, sages, and gurus) and take a tour
- Lower world travel to meet your guides (natives, animals, and elements) and take a tour
- Calling Spirit back
- Canceling contracts
- Ancestry healing
- Traveling beyond death
- Rainbow Rites

At each session we will heart center and reset intention. Then do the work. Review what you can be working on for the next session and set our next intention.

# Rainbow Rites

The Rites most often transmitted are:

- Seer - Pathways are installed to connect the visual cortex with the third eye and heart. This will awaken your ability to perceive the invisible world of energy and spirit
- Rainbow - This will unlock and combust all the psychic sludge in your chakras, so your chakras can then shine.
- Bands of Power - Good for psychic attacks overall protection...giving you the power of all the natural elements- Earth, Water, fire, air
- Healer - Meet your entity or healer within
- Sacral - This is the healing for women and men. The reproductive organs are not a place to store fear and pain; the organs are to create and give birth to life.





# Shamanic Space Clearing is useful if ....

- The energy of a property feels off
- Entities of unknown origin make themselves known in some way
- Animals become aggressive or fearful in a particular room or space on a property
- Known site of tragic event
- Possible geodetic forces at work underground rivers or underground shifts causing sink hole

# Space Clearing - Spiral

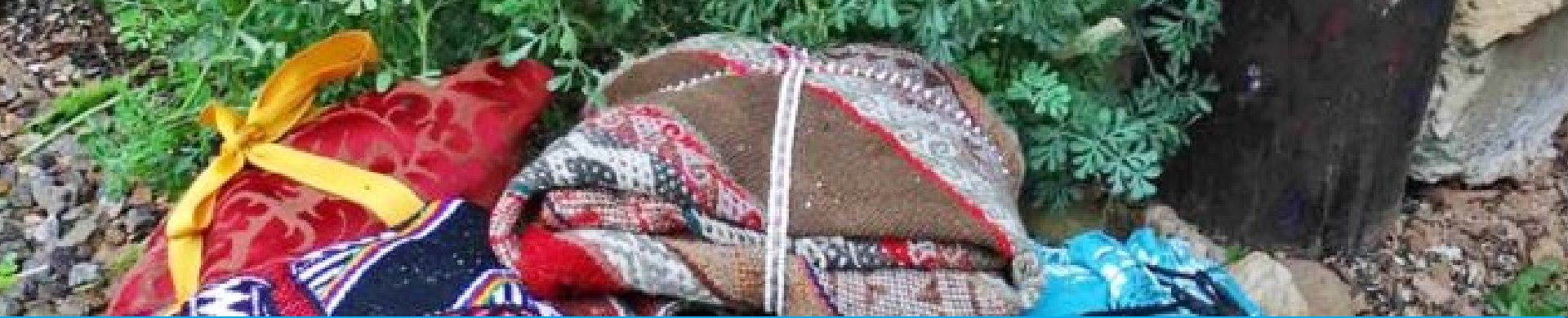
Heaven and Earth Spiral aka Wakka uses the force of the earth and heavens to clear stale, stuck or unfriendly energy. When I use this tool we are calling on all the elements of the earth and forces of nature. When a spiral is created, entities with dense energy will be drawn to it. All energies are either dark or light and will go in their respective directions. Dark energies are drawn to the earth to be purified and reborn. Light energies travel towards the heavens for their purification and rebirth. We are not looking to destroy or kill anything. Our goal is to transmute all energies for the highest good of all.



# Space Clearing - Prayer Bundle

Heaven and Earth Prayer Bundle aka Despacho can be done at any time. They are significantly more powerful when done at times of astral events or earth cycles. These astral events or earth cycles would include things like a full moon, eclipse or equinox. One purpose of this ceremony is that the gift bundle is a representation of beauty and connects us with the beauty of earth and nature. Another purpose of the ceremony it brings us into harmonious relationship with heaven and earth aligning all the worlds; lower, middle, and upper. The offering usually includes the prayers and gifts of one or many for the greatest good of all. When the prayers are burned they are received by the heavens and when they are buried they are received by the earth. Our purpose in doing these offerings is to call attention and intention to what is for the highest good of all; the ultimate thanks to the universe and all it provides.



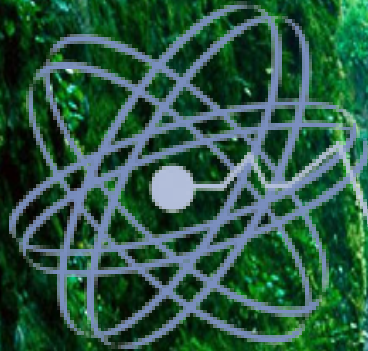


Next Step...

Schedule a Tea-Time Consult & Energy Reading Live or Virtual:  
20 min (Free)

Click [Here](#) to Schedule with David Shatley, Shamanic Healer  
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